

February 11, 2026

Dear Parents, Guardians & Caregivers,

Yesterday, our school community was shaken by the news of the tragic shootings in Tumbler Ridge. We extend our heartfelt condolences to all those affected, and we acknowledge the pain, fear, and confusion that such events can cause.

In response, Nechako Lakes School District is prioritizing the safety and well-being of our students and staff and will have additional support in place across our buildings.

#### Supporting Our Students and Staff

We recognize that such events can impact everyone differently. Counselling and support services are available for students, staff, and families who need assistance in processing these events. If you or your child requires support, please contact your school's principal.

#### How to Respond to Children's Questions

Children may have many questions and concerns following such an incident. Here are some guidelines for responding:

- Be Honest and Age-Appropriate: Provide truthful information suitable for your child's age, without unnecessary detail or speculation on what occurred.
- Listen and Reassure: Encourage children to express their feelings. Let them know it's normal to feel upset and reassure them that adults are working to keep them safe.
- Maintain Routine: Keeping regular schedules helps children feel secure amidst uncertainty.
- Monitor Media Exposure: Limit exposure to news coverage and social media, which can increase anxiety. Focus on compassion for those who are directly impacted.
- Seek Support: If your child seems overwhelmed or anxious, reach out to school administrators, counsellors or mental health professionals.

#### Additional Crisis Response Resources

The district will provide ongoing updates and resources as needed. If you have any questions or concerns, please contact your school's administration.

Provincial support:

310-Mental Health Support: 310-6789

Kids Help Phone: 1-800-668-6868 or text CONNECT to 686868

[FoundryBC.ca](http://FoundryBC.ca)

We are committed to supporting each other through this challenging time. Together, we can foster a safe, caring, and resilient community for our children and ourselves. Thank you for your continued partnership in supporting our students.  
Sincerely,



Anita McClinton,  
Superintendent